



Cowboy Charlston

18 count, 4 wall line dance

Choreographer Jeanette Hall and Tonya Miller

Choreographed To



**“New York, New York” by Frank Sinatra Wanting & “Having It All” by Sawyer Brown
“Sold!” by John Michael Montgomery
Any Fairly fast Western Swing music, e.g., Asleep at the Wheel. "In the Mode" Club Mix**

This dance adapts the fun Roaring Twenties Flapper Dance, the Charleston, into a great Country and Western Line Dance. It is fairly unique in that it can be done to music which is fairly fast. It is sometimes done with a straight step forward and back pattern. However, the most fun way to do it is with the real Charleston foot pattern and arm movements as it is done in the Carolinas where the Charleston originated, where needless to say, it is widely done. The classic Charleston step includes moving the right foot forward and out and around in a 1/2 circle to touch forward on Count 1. At the same time, the arms are moved first to the right to compensate for the movement of the right foot out around to the front and back in to touch forward. When done fast, the arm movements are almost unavoidable. On the "& Count", one swings the right foot back out to the right and to the back, shifting weight to the right foot on Count 2, with the arms now going to left. On the next "& Count", begin swinging the left out around and to the back to touch on Count 3, with arms again going right. On the final "& Count", one swings the left foot forward out to the left and forward, shifting weight to the left foot on Count 4, with the arms now going to left. The Straight version given below makes a great beginner's dance. The 4-wall Charleston-style version makes a great showpiece dance. Both can be picked up by experienced line dancers by just walking up and trying it. Try it both ways. Both foot work styles are included below. Starting with weight on left,

4 CHARLESTON STEP

- 1 Højre fod svinges frem og tåen sættes i gulvet foran venstre fod
 - 2 Højre fod svinges tilbage bag venstre fod (vægten er nu på højre fod)
 - 3 Venstre fod svinges tilbage og tåen sættes i gulvet bag højre fod
 - 4 Venstre fod svinges frem foran højre fod (vægten er nu på venstre fod)
- 5-8 Gentag fra 1 – 4

TÅ TAPS MED HØJRE FOD OG SAILORSTEP

- 9-10 Højre tå sættes 2 gange i gulvet diagonalt ud til højre
- 11 Gå tilbage med højre fod
- 12 Sæt venstre fod ud til venstre
- 13 Træd lidt frem på højre fod

TÅ TAPS MED VENSTRE FOD OG SAILORSTEP

- 14-15 Venstre tå sættes to gange i gulvet diagonalt ud til venstre
- 16 Gå tilbage med venstre fod
- 17 Sæt højre fod ud til højre med ¼ drejning til højre
- 18 Sammel venstre fod til højre fod

GENTAG